Back2BasicPlay - a Registered non-profit organization - 501-c3 status pending

A few favorite games you may have played in a *LaRue workshop*...

** These may not make any sense...unless you have played these at a seminar....or...see if you can figure 'em out....

** Tough to find the origin of these games....in lots of books....adapted....made up...called by varying names....but all is fair game...remember the motto of the New Games Foundation....

** Play Hard...Play Fair...Nobody Hurt....

NAME TRAIN Leader sounds like a train...Hi, my name is John...player introduces themselves to (Bill)....Bill, Bill, Bill....Reverse....pretty soon...you have a bunch of "trains"

LAP SIT choo, chooo.....1,2,3 on my knees please remember....first time is practice

SNAP Learn 3 secret symbols....back to back...1. finger to lips... bpbpbpbpbbbb sound...2. puff out cheeks and take finger and push out air....3. thumbs in ears...wiggle hips...na na na na na namatch your partner....3 times...then have a seat and watch the craziness

DUM DUM DA DA Singing, hand motion, repetitive play....increase speed

KOPY KAT Group in circle (sitting)...secretly select another player...close your eyes...get into a weird position...123 Kopy Kat (open eyes)...copy what your secret player is doing...when they ...you change!

GROUP JUGGLE The Leader has about a dozen (soft) objects in front of them...start by tossing one item to a person across from you, then they toss to someone different...the last person tosses it back to you. Then <u>repeat</u> the pattern, and then the leader adds in (one by one) the remaining objects.

QUAIL SHOOTER One person in center, use everything (soft)...everyone tosses in one item at a time (and says...Oh my this is hot)...reach down and pick up another, and repeat. Person in middle (stands inside a hoop) keeps moving in circle and tries to catch and hold on to everything thrown. After 30 seconds...stop, and count (protective eye glasses are a must)

BALLS GALORE Similar to Quail Shooter, but slow paced. Have person stand in middle and the group work together to decorate...put everything n the person (nothing touching the ground)...take a group picture...(protective eye glasses are a must)

HOG CALL Pick a compound word...."Base-Ball....split up the word....go to opposite side of room. Bumpers up (hands)eyes closed...scream only your part of word...walk forward...try to find you partner

FINGEROBICS Stretching, flying fingers....your hands...then with your neighbor's hand

WALKING TAG Get into pairs...person in fronts starts walking (hands crossed in front of chest). Must walk "heal to toe"... 5 second head start, walk "heal to toe" and tag partner. Once tagged...reverse role (don't forget the 5 second rule)

TELESCOPE TAG Similar to Walking Tag...but form a "telescope" with your hand and peer through it with one eye...close the other eye...and play as described above

COWS & DUCKS (and sometime pigs) Quick way to get into two equal group (moooooo, quack)

KNOTS In a circle...hands like spaghetti...123Grab...reach out and grab two different hands...straighten yourselves into a circle (if "ya gotta" do a "band aid" go ahead)

RED HANDED In a circle...find a penny being passed

OLD MCDONALD In a circle...one person in the middle...find the rubber chicken being passed (sing the song)

WOODCHUCK Similar to Old McDonalds, but with stick behind your backs

COLONELS CHICKEN In a circle, steal the chicken, if tagged, you are frozen

BALLOON BRFFFF Balloon relay game

ZEN CLAP Ah - So - Zen Clap...hand movement game...move FAST, or you are out!

SWAT TAG Tag game with Styrofoam swords and rubber spots on the middle of the circle...tag below the waste then run to center circle

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